

Appearance Prejudice

Appearance Bias/
Discrimination
Lesson



Single Lesson



What are our Lesson Agreements?

Respect Differences



Choose a level of participation based on your comfort level



What are we learning today?



+ What is appearance discrimination?

+ How does appearance discrimination affect someone's body confidence?

+ How can middle schoolers respond when they see appearance discrimination?

+ What are the benefits of having a more inclusive community, where everyone feels they belong?

Appearance Ideals

What our society or culture tells us is the ideal way to look at a certain moment in time.

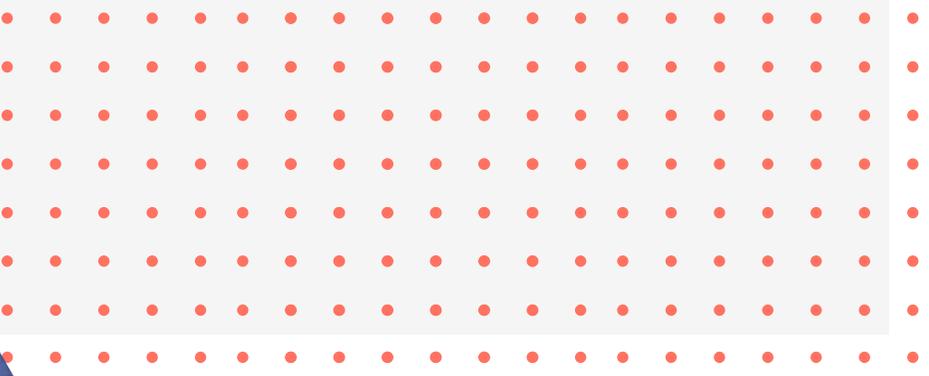




• When you hear the term *appearance discrimination*, what thoughts, definitions, experiences, words or images come to mind?



Write them down on a piece of paper.





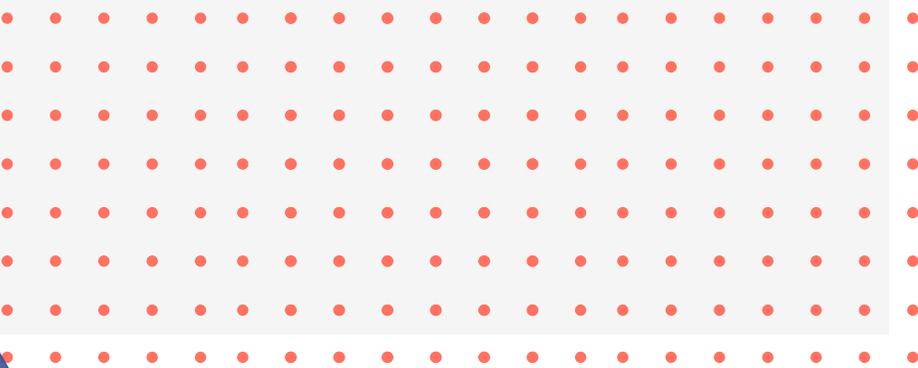
Discrimination based on appearance

+

+ Unfair treatment of one particular person or group of people

+ How someone looks

+

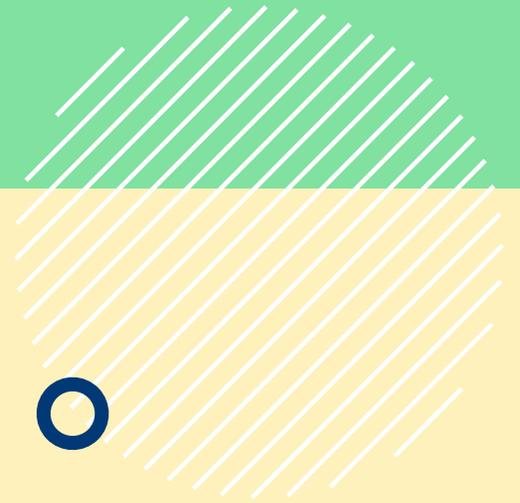


What forms of
discrimination
(isms) do you
know of?



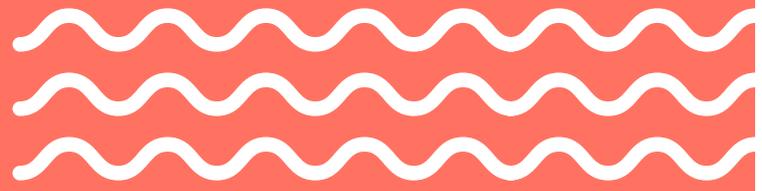


I do





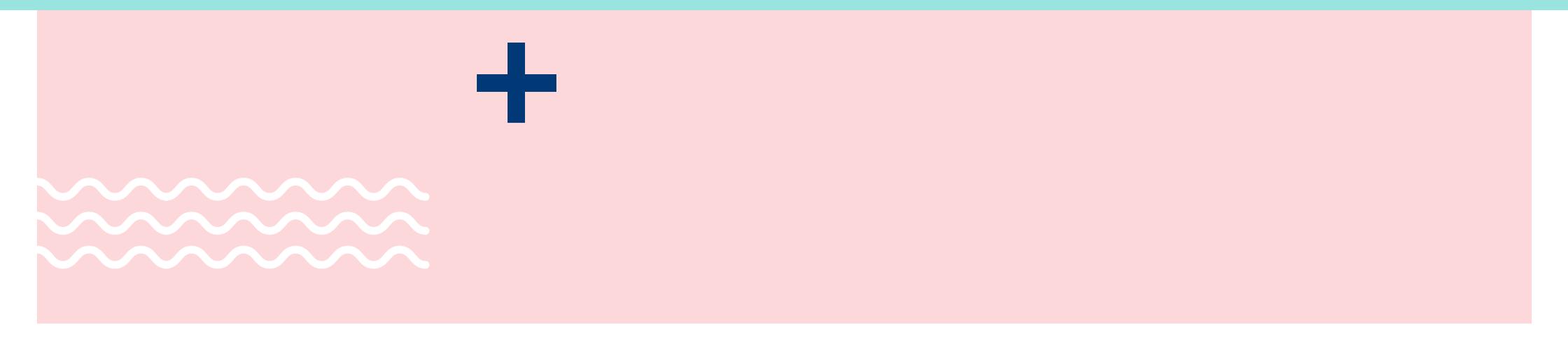
We do
(let's work together)





You do!

(work in groups - I'll support you!)



Review the types of discrimination on the handout Read the Case Study & answer the questions

Pick a reporter and Prepare
that person to share

+ A brief explanation of the
person's experience

+ The answers to your questions



What can *our* school do to combat appearance discrimination?

How can a more *inclusive* community be created in our school?

What can **YOU** do if you *witness* appearance discrimination?

How **SHOULD** middle schoolers *respond* when they see appearance discrimination?

If *you're* experiencing discrimination, what can you do?

What have we learned today?

What is appearance discrimination?

How can a more inclusive community be created?

How does appearance discrimination affect someone's body confidence?

How should middle schoolers respond when they see appearance discrimination?



Congratulations!

You have completed the
Appearance Discrimination Workshop

Remember to
challenge appearance
discrimination in small
and big ways!



