



Women and Gender  
Equality Canada

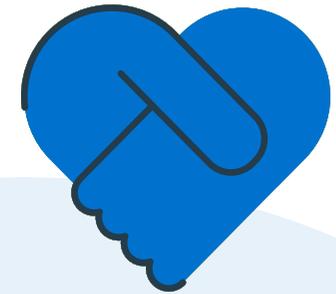
Femmes et Égalité  
des genres Canada

# Confident Me

#thepowerwithin

Join a network of  
Body Confidence Champions  
across Canada!

[plancanada.ca/powerwithin](http://plancanada.ca/powerwithin)



**Has successfully completed the Confident Me: School Workshops  
for Body Confidence program!**

Now you can take what you just learned and do your best to be a Body Confidence Champion!

Signature

Date